



# The RNB Times

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By RNB Global University

## BASANT PANCHMI (ART OF MIND CONTROL)



*“Saraswati Namastubhyam,  
Varadey Kaamarupinee,  
Vidhyarambham Karishyami,  
Sidhir Bhavatu Mai Sada”*

A Seminar was organized on ‘Art of Mind Control on the auspicious day of Basant Panchmi in which Mr. Narhari Das a Social Worker, Thinker, and a Motivator enlighten the students about the moral values & role of Bhagvat Gita in real life.

Mr. Das started the session with his own experience and shares his thoughts with the Students. He explained about Mind and its behavior and how it habits train mind and convert it into attitude. He explored the different problem of students related to concentration during study and volatile memory problems. He discussed the current scenario. He shared the experience of live case studies. He solved queries of students regarding Mind related problems. Mr. Das explained that humans are not machines; they cannot give you real happiness. He said mind is like a knife; only user can decide what to do with it.

He suggested the various technique or methods to control the mind like physical, spiritual & mental methods. He described the importance of the Mantra; it’s like Verbal and Sound Meditation. They deliver the Knowledge to remove anxiety and Compunctions. The session was highly beneficial for the students while facing upcoming social change. Students were motivated regarding good habits, how to train mind. The session ended with an activity of sound meditation.

## TO LIVE A LIFE - BEAUTIFUL

“The tragedy of life is not death, but What we let die inside of us, while we live”.

– Norman Cousins

Life is the most beautiful gift we have received from God. A great life is nothing but a series of great events and well-lived days, all strung together like beautiful necklace of pearls.

It is a common misconception that it takes months and years to change our lives. We can change our lives the second we make the decisions from the depths of our heart to become better and more dedicated human Beings. What takes months and Years are the efforts we would apply to maintain our decisions.

Very often, people don’t discover what life is all about until just before they die. We do live in an age where though we have conquered the highest of the Mountains, we have yet not controlled and mastered ourselves. We have tall buildings, but short temper. We have more of possessions, but less of happiness, fuller minds but emptier lives.

We should not wait until we are on our deathbed to realize the true meaning of life and precious and meaningful role, we have to play within it, to achieve such heights of success that even our competitors are left awe -struck.

“The Purpose of life should be, a life of Purpose. Be a Warrior not a Worrier”.

## MANAVTA KI UNCHI UDAN

“BE A BLOOD DONOR, BE A HERO – A REAL ONE”.

The NSS unit of RNB Global University under the umbrella of “Manavta ki Unchi Udan” organized a Blood Donation Camp, in collaboration with the Rotary club, Bikaner and PBM Government Hospital, Bikaner on 13 January 2018. The program witnessed the august presence of the Mr. Anil Maheshwari, Past District Governor, Rotary Club, and Dr. Vikas Kaler, Medical officer, PBM Government Hospital and Prof. Mahendra Ghadolia, Registrar, RNB Global University along with the Deans and Faculty members of various Schools and forums of the University.

Dr. Vikas expressed his gratitude to the RNB Global University for its continuous endeavor in this regard. He also stressed on the growing need of blood in the state and commended the young volunteers for their noble act.

More than hundreds of volunteers came forward to donate blood during camp which included teaching and non-teaching staff, students and non-student donors. The blood bank collected for 65 units with higher number of A+ and B+ blood groups. The blood donors were given banana, Biscuits and fruit drink after donating the blood in order to reenergize themselves. The blood donors were provided with a blood donation certificate card by Rotary Club, Bikaner. They also got a credit card where one unit of blood is available free from government Blood Bank in next one year.



## TOUR TO THE APEX COURT

As an endeavor towards practical learning of legal profession and creating legal awareness, RNB Global University organized two days educational trip to the Supreme Court of India, for the School of Law. The young future Lawyers had been assigned special projects to work on and collect data regarding various cases pending in Supreme Court. Students observed Chief Justice of India Mr. Dipak Misra, Hon’ble Justice, Mr. Ranjan Gogoi and other Justices hearing the various cases in various Court House nos. 1-13 Court Halls. After visiting the court halls, Students also visited Supreme Court Museum and observed the evolution of Legal System in India since Mohanjodaro civilization to present Legal system on India which includes the Mughal Period, British Period etc. Students also visited many historical places like Gurudwara Bangla Sahib, a place of great reverence for Sikhs, Qutub Minar, high tower of victory, Lotus Temple and many more. Students were curious to witness this monumental evidence of India’s Freedom Struggle. The Purpose of visit is to learn the Supreme Court procedures and procedure for quick administrative justice to the people of India. It was the pleasant experiences as the visit enhanced their knowledge about this great historical places and rich culture and tradition of our country as well.



## ART OF BUDDHA



The Buddha is seated in the attitude of Meditation. There is a Prominent *urna* on his forehead and a large nimbus behind. The raised hair line is prominent and the Wavy hair is swept back over the *ushnisha*. The loose garment covers both his shoulders. The pedestal contains the scene of worship of the bowl. The image in every aspect is a typical example of the Gandharan Idiom. The figure of the Buddha displays *Dharmachakra Mudra* with his two hands. This Mudra shows the tip of the finger on one hand, touching the tips of the thumb and index finger of another hand, forming the mystic circle near the heart. This gesture represents setting the wheel of Dharma into Motion. After the Buddha achieved enlightenment, he gave his first teaching to a companion in the Deer Park of Sarnath, and therefore it represents teachings.

The Half-closed drooping eyes impart an absorbed and inward vision. This blissful expression on the face is to be compared with the Gupta period classical idiom. The *Chakra* symbols on the inner edge is crowned by a *chakra* over the parasol shading the head of the Buddha.

- Anjali Sonawat BBA IIIrd semester

## Rich dad and Poor dad



Mr. Rohit Singh, MBA from University of North Texas, USA delivered an interactive lecture on Career Prospects for Higher Education in US and Entrepreneurship focusing USA market” for Final Year Students of RNB Global University. He shared his vast experience on development and expansion of business venture, grasping higher education system and business promotion in India and outside India.

He explained a relationship between rich dad (about risk taking person) and poor dad (bout secured- non-risky person) through a video presentation. He also put his valuable analysis differentiating between businessman and entrepreneur.

The students got the real insights of better educational institutions performing academically well in the US and other foreign countries. He also focused on developing a good value system by highlighting the values such as honesty, integrity, discipline and self-confidence.

Such an interactive session on behavioral pattern during the Placement process really helps the candidates to groom in professional life.

## REPUBLIC DAY



Flag Hoisting Ceremony at RNBGU



RNB Global University organized two days annual sports fest- “SPREE 2018” on 26th-27th January 2018. The aim of organizing such event is to explore the sport’s talent and to inculcate the spirit of competition where students can get the opportunity to organize and participate in different indoor and outdoor sports.

SPREE-2018 was declared as open by Mr. Pramod Bajaj, Honorable Chief Guest and Vice Chairman of RNBGU, at open air theater. A plethora of competitions comprising of various indoor and outdoor sports were conducted during the two days of the tournament where students participated with full zest and energy. Students showcased their unity, understanding and will-power in the various forms of sports activities and forming of human pyramid was an eye-catching one. Students displayed their strength and stamina on the ground. Students took part in the competitive sporting activities with the aim to win the prizes and to have fun while participating in them healthy sportsmanship, sheer grit and unlimited zeal marked the atmosphere. Students displayed their strength and stamina on the ground and the University playground came alive with the electrifying performance put up by the young talents. After the two days of enthralling athletic performances, SPREE 2018, wrapped up with the Glittering closing ceremony on Saturday.

Mr. Gokul Joshi, former captain of Rajasthan football team graced the closing ceremony as the Hon’ble Chief Guest. Mr. Joshi addressed the students and congratulated them for their enthusiastic performance and also encouraged students to participate more in sports and also made them aware of importance of sports, yoga and outdoor games in the day to day life of stress and competitions. He lauded the efforts of RNBGU’s efforts to encourage student for their all-round development and to provide world class facilities for sports along with academics. Winners were awarded prizes by the Honorable Chief Guest. Best School’s Trophy was presented to the winning team of School of Commerce and Management.

As the day bid adieu SPREE was announced closed, unveiling many talents. It was a journey of competitive spirit witnessing the enthusiastic thrust of the students accompanied by winning desires.

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